

Biographies

Leo and Priscilla McGilvery



Leo and Priscilla are members of the Saddle Lake Cree Nation.

As a couple, they work as a team to create a balanced approach to the male and female perspective in delivery of contemporary information and cultural teachings.

They include the use of traditional songs, rituals and ceremony in every aspect of the work they do as they have experienced the powerful connection to the healing process and ancestral connection. They have a

background in working with couples, Elders, youth, and gender specific circles with women and men on various topics from traditional teachings, traditional parenting, healthy sexuality, communication skills, family relationships, grief and loss, inner child healing and trauma recovery. They also work with organizations in team building capacity. They both bring with them knowledge (and lived experience) of intergenerational trauma and historic trauma facing indigenous communities and work to build strength and reconnection of traditional values.

Drum, Rattle and Song is Medicine

This workshop is facilitated in the form of the circle and supported with the use of the drum, rattle and songs.

Traditional drumming and singing is a healing medicine that nurtures the soul and creates a space for ancestral connection. This connection is the source of which strength, empowerment and healing are gained. Through the use of song and personal stories, participants will have a chance to experience the healing energy of the drum, rattle and song.