

MIYO PIMÂTISIWIN E-KATAWASISIK



Dennis Steinhauer is of Cree descent and is member of the Saddle Lake Cree Nation #125 where he has resided for most of his life. He has been married to his beautiful wife Bernadine for 23 years and together they have 2 wonderful sons; Dylan aged 15 and Darian who is 12. He also has an adult son Bradley from a previous relationship.

Dennis is currently employed part-time at the St. Paul Mannawanis Native Friendship as the Director of Programming. He holds an Indigenous Bachelor of Social Work degree from the University nuhelot'ine thiyots'ï nistameyimâkanak Blue Quills, and has recently fulfilled the requirements for a second degree in the Cree language.

Based on a desire to better understand self, and to help serve his community, Dennis has also been successful in obtaining Community Addictions Training as well as Advanced Counselor Training through the Nechi Institute. He is also certified as a Grief and Loss Specialist and a Trauma Recovery Specialist through Taking Flight International.

In his work with men's groups, as well as in his work with couples, Dennis focuses on promoting miyo pimâtisiwin (the good life) through an interactive approach which is committed to individual and family well-being.

Through the implementation of emotional and social skill development, and by nourishing the spirit within, his work helps to inspire a healthy and authentic understanding of self, which empowers both men and women in their roles as husbands and wives and as mothers and fathers.

Dennis is delighted to have been invited to this conference to speak briefly about the work that has become his life's passion.