



Indigenous individuals, families and communities have experienced intergenerational trauma as well as discrimination, racism, and oppression. This collective trauma and loss among Indigenous Peoples has been widespread due to historical colonization and structural oppression. We want to suggest supports and active social justice approaches in thought and deed which may help to inform ways of alleviating misunderstanding. Our presentation will offer approaches and insights with valuable approaches from a cultural perspective. These include lived experiences, challenging systemic and structural oppression while creating space for valuable discussion around what each of us can do to create and promote understanding and relationship building.

Audra Foggin MSW- Originally from Frog Lake Nation, Audra is a full-time professor at Mount Royal University in Calgary, Alberta in the department of Child Studies and Social Work. Her main focus and passion is relating to Indigenous education, social work and social justice issues. Audra is a mother of three children and grandmother to one. Audra is also a "Sixties Scoop Survivor".